

CHANNEL LINEUP – Digital TV Lite (34+ channels) \$31/mo

4 NBC
5 HSN
6 MYTV
7 ABC
8 PBS
9 PBS
10 CBS
11 CW
12 QVC
13 Fox

14 NBC
18 Comet
22 PBS Kids
23 FNX
27 Telemundo
28 Comet
30 MeTV
31 KZBZ
32 KAZQ
34 Fox 34 News Now

35 TBN
36 EWTN
37 My Lubbock TV
38 Stadium
42 Plateau Country Weather
47 C-SPAN
48 C-SPAN2
49 C-SPAN3
132 INSP
1004 NBC HD

1007 ABC HD
1008 PBS HD
1010 CBS HD
1013 Fox HD
1014 NBC HD
1034 Fox 34 News Now HD
1042 Plateau Country Weather HD

Optional (Event Based Pricing):

Pay Per View 750

Pay Per View HD 1750

1-877-Plateau (752-8328)

Tech Support: 888-638-3872

www.plateautel.com

Effective date: 2019-12-12 CLT

Programming subject to change without notice.

Plateau is an equal opportunity provider and employer



CHANNEL LINEUP – Digital Preferred (210+ channels) \$87/mo

4 NBC
 5 HSN
 6 MYTV
 7 ABC
 8 PBS
 9 PBS
 10 CBS
 11 CW
 12 QVC
 13 Fox
 14 NBC
 18 Comet
 22 PBS Kids
 23 FX
 27 Telemundo
 28 Comet
 31 KZBZ
 32 KAZQ
 34 Fox 34 News Now
 35 TBN
 36 EWTN
 37 My Lubbock TV
 38 Stadium
 42 Plateau Country Weather
 47 C-SPAN
 48 C-SPAN2
 49 C-SPAN3
 60 ESPN
 62 ESPNews
 63 ESPNU
 64 ESPN2
 65 SEC-ESPN
 66 Fox Sports 1
 67 Fox Sports 2
 74 Golf Channel
 75 Tennis Channel
 77 Bally Sports Arizona
 82 Longhorn Network
 91 CBS Sports Network
 92 Stadium College Sports Atlantic
 93 Stadium College Sports Central
 94 Stadium College Sports Pacific
 98 Disney Channel, The
 99 Disney XD
 100 Disney Jr
 101 Nick Jr.
 103 Universal Kids
 107 Cartoon Network (Toons)
 110 Discovery Family Channel
 112 Nickelodeon
 115 USA
 116 TBS
 117 Freeform
 118 Syfy
 120 TNT
 121 FX
 124 TV Land
 126 A&E
 127 truTV
 131 FXX

132 INSP
 134 Lifetime
 135 Lifetime Movie Network (LMN)
 139 Oxygen
 140 WEtv
 141 OWN
 142 Hallmark
 147 E!
 151 AWE
 152 HGTV
 155 Food Network
 161 Comedy Central
 165 Paramount Network
 167 Bravo
 170 MTV
 171 MTV2
 174 VH1
 179 MTV Live
 188 CMT
 191 Weather Channel, The
 192 CNN
 193 FOX NEWS
 194 FOX BUSINESS
 195 CNBC
 196 OANN
 197 HLN
 199 MSNBC
 200 Newsnation
 205 FYI
 206 History
 207 Viceland
 210 American Heroes Channel
 211 Science
 212 Investigation Discovery
 213 TLC
 215 Animal Planet
 217 National Geographic
 218 Discovery Channel
 240 Travel Channel
 264 TCM
 265 AMC-American Movie Classics
 266 FXM
 268 IFC
 269 Sundance
 300 Fox Deportes
DIGITAL HD
 1004 NBC
 1007 ABC
 1008 PBS
 1010 CBS
 1013 Fox
 1014 NBC
 1034 Fox 34 News Now
 1042 Plateau Country Weather
 1060 ESPN
 1062 ESPNews
 1063 ESPNU
 1064 ESPN2
 1065 SEC-ESPN Network
 1066 Fox Sports 1

1067 Fox Sports 2
 1074 Golf Channel HD
 1075 Tennis Channel
 1077 Bally Sports Arizona
 1082 Longhorn HD
 1091 CBS Sports Network
 1098 Disney
 1099 Disney XD
 1101 Nick Jr.
 1103 Universal Kids
 1107 Cartoon Network (Toons)
 1110 Discovery Family Channel
 1112 Nickelodeon
 1115 USA
 1116 TBS
 1117 Freeform
 1118 Syfy
 1120 TNT
 1121 FX
 1124 TV Land
 1126 A&E
 1131 FXX
 1134 Lifetime
 1135 LMN
 1139 Oxygen
 1140 WEtv
 1141 OWN
 1142 Hallmark
 1147 E!
 1151 AWE
 1152 HGTV
 1155 Food Network
 1161 Comedy Central
 1165 Paramount Network
 1167 Bravo
 1170 MTV
 1171 MTV2
 1174 VH1
 1179 MTV Live
 1188 CMT
 1192 CNN
 1193 FOX NEWS
 1194 FOX BUSINESS
 1195 CNBC
 1196 OANN
 1197 HLN
 1199 MSNBC
 1200 Newsnation
 1205 FYI
 1206 History
 1207 Viceland
 1211 Science
 1212 Investigation Discovery
 1213 TLC
 1215 Animal Planet
 1217 National Geographic
 1218 Discovery
 1240 Travel
 1264 TCM
 1265 AMC

1266 FXM
 1268 IFC
 1269 Sundance
 1300 FX Deportes
DIGITAL MUSIC
 1800 Hit List
 1801 Pop Adult
 1802 Swinging Standards
 1803 Jukebox Oldies
 1804 Flashback 70's
 1805 Everything 80's
 1806 Nothin' but 90's
 1807 Maximum Party
 1808 Groove (Disco & Funk)
 1809 Dance Clubbin'
 1810 Holiday Hits
 1811 Classic Rock
 1812 Alternative
 1813 Rock
 1814 Heavy Metal
 1815 Alt Rock Classics
 1816 The Blues
 1817 Adult Alternative
 1818 Folk Roots
 1819 Alt-Country Americana
 1820 Hot Country
 1821 No Fences
 1822 Country Classics
 1823 Bluegrass
 1824 Christian Pop & Rock
 1825 Gospel
 1826 Soul Storm
 1827 Hip-Hop/R&B
 1828 Classic R'n'B & Soul
 1829 Hip Hop
 1830 Jazz Masters
 1831 Jazz Now
 1832 Smooth Jazz
 1833 The Chill Lounge
 1834 The Spa
 1835 Easy Listening
 1836 Pop Classics
 1837 Classic Masters
 1838 Chamber Music
 1839 Broadway
 1840 Eclectic Electronic
 1841 Y2K
 1842 Jammin'
 1843 Éxitos Tropicales
 1844 Éxitos del Momento
 1845 Retro Latino
 1846 Ritmos Latinos
 1847 Rock en Español
 1848 Romance Latino
 1849 Kids' Stuff

Optional (Event Based Pricing):
 Pay Per View 750
 Pay Per View HD 1750

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Tech Support: 888-638-3872

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Effective date: 2022-01-01 CLT

Programming subject to change without notice.



CHANNEL LINEUP – Digital Premier (240+ channels) \$93/mo

4 NBC	134 Lifetime	1042 Plateau Country Weather	1211 Science
5 HSN	135 Lifetime Movie Network (LMN)	1060 ESPN	1212 Investigation Discovery
6 MYTV	136 Lifetime Real Women	1062 ESPNews	1213 TLC
7 ABC	139 Oxygen	1063 ESPNU	1215 Animal Planet
8 PBS	140 WEtv	1064 ESPN2	1216 Nat Geo WILD HD
9 PBS	141 OWN	1065 SEC-ESPN Network	1217 National Geographic
10 CBS	142 Hallmark	1066 Fox Sports 1	1218 Discovery
11 CW	143 Hallmark Movies & Mysteries	1067 Fox Sports 2	1219 Destination America HD
12 QVC	144 Hallmark Drama	1069 NFL Network	1221 Outdoor Channel HD
13 Fox	147 E!	1074 Golf Channel HD	1240 Travel
14 NBC	151 AWE	1075 Tennis Channel	1264 TCM
18 Comet	152 HGTV	1077 Bally Sports Arizona	1265 AMC
22 PBS Kids	153 Magnolia Network	1082 Longhorn Network	1266 FXM
23 FNX	155 Food Network	1086 ACC-ESPN	1268 IFC
27 Telemundo	156 Cooking Channel	1089 BTN	1269 Sundance
28 Comet	158 Discovery Life	1091 CBS Sports Network	1300 FX Deportes
31 KZBZ	161 Comedy Central	1098 Disney	<u>DIGITAL MUSIC</u>
32 KAZQ	165 Paramount Network	1099 Disney XD	1800 Hit List
34 Fox 34 News Now	167 Bravo	1101 Nick Jr.	1801 Pop Adult
35 TBN	170 MTV	1103 Universal Kids	1802 Swinging Standards
36 EWTN	171 MTV2	1107 Cartoon Network (Toons)	1803 Jukebox Oldies
37 My Lubbock TV	174 VH1	1110 Discovery Family Channel	1804 Flashback 70's
38 Stadium	179 MTV Live	1112 Nickelodeon	1805 Everything 80's
42 Plateau Country Weather	188 CMT	1115 USA	1806 Nothin' but 90's
47 C-SPAN	189 Great American Country	1116 TBS	1807 Maximum Party
48 C-SPAN2	191 Weather Channel, The	1117 Freeform	1808 Groove (Disco & Funk)
49 C-SPAN3	192 CNN	1118 Syfy	1809 Dance Clubbin'
60 ESPN	193 FOX NEWS	1120 TNT	1810 Holiday Hits
62 ESPNews	194 FOX BUSINESS	1121 FX	1811 Classic Rock
63 ESPNU	195 CNBC	1124 TV Land	1812 Alternative
64 ESPN2	196 OANN	1126 A&E	1813 Rock
65 SEC-ESPN	197 HLN	1130 Olympic Channel	1814 Heavy Metal
66 Fox Sports 1	199 MSNBC	1131 FXX	1815 Alt Rock Classics
67 Fox Sports 2	200 Newsnation	1134 Lifetime	1816 The Blues
69 NFL Network	202 CNN International	1135 LMN	1817 Adult Alternative
74 Golf Channel	203 CNBC World	1139 Oxygen	1818 Folk Roots
75 Tennis Channel	205 FYI	1140 WEtv	1819 Alt-Country Americana
77 Bally Sports Arizona	206 History	1141 OWN	1820 Hot Country
82 Longhorn Network	207 Viceland	1142 Hallmark	1821 No Fences
86 ACC-ESPN	209 Military History	1143 Hallmark Movie & Mysteries	1822 Country Classics
89 BTN	210 American Heroes Channel	1144 Hallmark Drama	1823 Bluegrass
91 CBS Sports Network	211 Science	1147 E!	1824 Christian Pop & Rock
92 Stadium College Sports Atlantic	212 Investigation Discovery	1151 AWE	1825 Gospel
93 Stadium College Sports Central	213 TLC	1152 HGTV	1826 Soul Storm
94 Stadium College Sports Pacific	215 Animal Planet	1153 Magnolia Network	1827 Hip-Hop/R&B
98 Disney Channel, The	216 Nat Geo WILD	1155 Food Network	1828 Classic R'n'B & Soul
99 Disney XD	217 National Geographic	1156 Cooking Channel	1829 Hip Hop
100 Disney Jr	218 Discovery Channel	1161 Comedy Central	1830 Jazz Masters
101 Nick Jr.	219 Destination America	1165 Paramount Network	1831 Jazz Now
103 Universal Kids	221 Outdoor Channel	1167 Bravo	1832 Smooth Jazz
107 Cartoon Network (Toons)	223 RFD TV	1170 MTV	1833 The Chill Lounge
110 Discovery Family Channel	240 Travel Channel	1171 MTV2	1834 The Spa
112 Nickelodeon	264 TCM	1174 VH1	1835 Easy Listening
113 Boomerang	265 AMC-American Movie Classics	1179 MTV Live	1836 Pop Classics
115 USA	266 FXM	1188 CMT	1837 Classic Masters
116 TBS	268 IFC	1189 Great American Country	1838 Chamber Music
117 Freeform	269 Sundance	1192 CNN	1839 Broadway
118 Syfy	300 Fox Deportes	1193 FOX NEWS	1840 Eclectic Electric
120 TNT	308 Universo	1194 FOX BUSINESS	1841 Y2K
121 FX	<u>DIGITAL HD</u>	1195 CNBC	1842 Jammin'
124 TV Land	1004 NBC	1196 OANN	1843 Éxitos Tropicales
126 A&E	1007 ABC	1197 HLN	1844 Éxitos del Momento
127 truTV	1008 PBS	1199 MSNBC	1845 Retro Latino
128 Crime & Investigation Network	1010 CBS	1200 Newsnation	1846 Ritmos Latinos
130 Olympic Channel	1013 Fox	1205 FYI	1847 Rock en Español
131 FXX	1014 NBC	1206 History	1848 Romance Latino
132 INSP	1034 Fox 34 News Now	1207 Viceland	1849 Kids' Stuff

CHANNEL LINEUP - Total HD Choice (300+ channels) \$147/mo

4 NBC	135 Lifetime Movie Ntwrk (LMN)		1195 CNBC	1842 Jammin'
5 HSN	136 Lifetime Real Women	DIGITAL HD	1196 OANN	1843 Éxitos Tropicales
6 MYTV	139 Oxygen	1004 NBC	1197 HLN	1844 Éxitos del Momento
7 ABC	140 WEtv	1007 ABC	1199 MSNBC	1845 Retro Latino
8 PBS	141 OWN	1008 PBS	1200 Newsnation	1846 Ritmos Latinos
9 PBS	142 Hallmark	1010 CBS	1205 FYI	1847 Rock en Español
10 CBS	143 Hallmark Movies & Mysteries	1013 Fox	1206 History	1848 Romance Latino
11 CW	144 Hallmark Drama	1014 NBC	1207 Viceland	1849 Kids' Stuff
12 QVC	147 E!	1034 Fox 34 News Now	1211 Science	PREMIUM CHANNELS
13 Fox	151 AWE	1042 Plateau Country Weather	1212 Investigation Discovery	HBO
14 NBC	152 HGTV	1060 ESPN	1213 TLC	400 HBO E
18 Comet	153 Magnolia Network	1062 ESPNews	1215 Animal Planet	402 HBO 2 E
22 PBS Kids	155 Food Network	1063 ESPNU	1216 Nat Geo WILD HD	404 HBO Signature E
23 FNX	156 Cooking Channel	1064 ESPN2	1217 National Geographic	406 HBO Family E
27 Telemundo	158 Discovery Life	1065 SEC-ESPN Network	1218 Discovery	408 HBO Comedy E
28 Comet	161 Comedy Central	1066 Fox Sports 1	1219 Destination America HD	410 HBO Zone E
31 KZBZ	165 Paramount Network	1067 Fox Sports 2	1220 Mototrend	412 HBO Latino E
32 KAZQ	167 Bravo	1069 NFL Network	1221 Outdoor Channel HD	1400 HBO E HD*
34 Fox 34 News Now	170 MTV	1074 Golf Channel HD	1240 Travel	1402 HBO 2 E HD*
35 TBN	171 MTV2	1075 Tennis Channel	1264 TCM	1408 HBO Comedy E HD*
36 EWTN	174 VH1	1077 Bally Sports Arizona	1265 AMC	1412 HBO Latino E HD*
37 My Lubbock TV	179 MTV Live	1082 Longhorn Network	1266 FXM	CINEMAX
38 Stadium	188 CMT	1086 ACC-ESPN	1268 IFC	420 MAX E
42 Plateau Country Weather	189 Great American Country	1089 BTN	1269 Sundance	422 MoreMAX E
47 C-SPAN	191 Weather Channel, The	1091 CBS Sports Network	1300 FX Deportes	424 5-StarMAX E
48 C-SPAN2	192 CNN	1098 Disney	DIGITAL MUSIC	426 OuterMAX E
49 C-SPAN3	193 FOX NEWS	1099 Disney XD	1800 Hit List	428 ActionMAX E
60 ESPN	194 FOX BUSINESS	1101 Nick Jr.	1801 Pop Adult	430 ThrillerMAX E
62 ESPNews	195 CNBC	1103 Universal Kids	1802 Swinging Standards	432 MovieMAX E
63 ESPNU	196 OANN	1107 Cartoon Network (Toons)	1803 Jukebox Oldies	434 Cinemàx E
64 ESPN2	197 HLN	1110 Discovery Family Channel	1804 Flashback 70's	1420 MAX E HD*
65 SEC-ESPN	199 MSNBC	1112 Nickelodeon	1805 Everything 80's	1422 MoreMAX E HD*
66 Fox Sports 1	200 Newsnation	1115 USA	1806 Nothin' but 90's	1428 ActionMax E HD*
67 Fox Sports 2	202 CNN International	1116 TBS	1807 Maximum Party	1430 ThrillerMax E HD*
74 Golf Channel	203 CNBC World	1117 Freeform	1808 Groove (Disco & Funk)	SHOWTIME
75 Tennis Channel	205 FYI	1118 Syfy	1809 Dance Clubbin'	260 Flix E
77 Bally Sports Arizona	206 History	1120 TNT	1810 Holiday Hits	375 Showtime E
82 Longhorn Network	207 Viceland	1121 FX	1811 Classic Rock	377 SHO 2 E
86 ACC-ESPN	209 Military History	1124 TV Land	1812 Alternative	379 Showtime Showcase E
89 BTN	210 American Heroes Channel	1126 A&E	1813 Rock	381 Showtime Family Zone E
91 CBS Sports Network	211 Science	1130 Olympic Channel	1814 Heavy Metal	383 SHO Women E
92 Stadium College Sports Atlantic	212 Investigation Discovery	1131 FXX	1815 Alt Rock Classics	385 SHO Extreme E
93 Stadium College Sports Central	213 TLC	1134 Lifetime	1816 The Blues	387 Showtime Beyond
94 Stadium College Sports Pacific	215 Animal Planet	1135 LMN	1817 Adult Alternative	389 Showtime Next
98 Disney Channel, The	216 Nat Geo WILD	1139 Oxygen	1818 Folk Roots	391 The Movie Channel (TMC) E
99 Disney XD	217 National Geographic	1140 WEtv	1819 Alt-Country Americana	393 TMC Xtra E
100 Disney Jr	218 Discovery Channel	1141 OWN	1820 Hot Country	1375 Showtime HD E*
101 Nick Jr.	219 Destination America	1142 Hallmark	1821 No Fences	1377 Showtime 2 HD*
103 Universal Kids	221 Outdoor Channel	1143 Hallmark Movies & Mysteries	1822 Country Classics	1379 Showtime Showcase HD*
107 Cartoon Network (Toons)	223 RFD TV	1144 Hallmark Drama	1823 Bluegrass	1391 The Movie Channel HD E*
110 Discovery Family Channel	240 Travel Channel	1147 E!	1824 Christian Pop & Rock	STARZ/ENCORE
112 Nickelodeon	264 TCM	1151 AWE	1825 Gospel	340 Starz E
113 Boomerang	265 AMC-American Movie Classics	1152 HGTV	1826 Soul Storm	342 Starz Cinema E
115 USA	266 FXM	1153 Magnolia Network	1827 Hip-Hop/R&B	344 Starz Kids & Family E
116 TBS	268 IFC	1155 Food Network	1828 Classic R'n'b & Soul	346 Starz Comedy E
117 Freeform	269 Sundance	1156 Cooking Channel	1829 Hip Hop	350 Starz n Black
118 Syfy	300 Fox Deportes	1161 Comedy Central	1830 Jazz Masters	352 Starz Encore E
120 TNT	301 ESPN Deportes	1165 Paramount Network	1831 Jazz Now	354 Starz Encore Black E
121 FX	304 CNN en Espanol	1167 Bravo	1832 Smooth Jazz	356 Starz Encore Suspense E
124 TV Land	305 TV Chile	1170 MTV	1833 The Chill Lounge	358 Starz Encore Family E
126 A&E	306 History en Espanol	1171 MTV2	1834 The Spa	360 Starz Encore Action E
127 truTV	308 NBC Universo	1174 VH1	1835 Easy Listening	364 Starz Encore Westerns
128 Crime & Investigation Ntwrk	310 Discovery en Espanol	1179 MTV Live	1836 Pop Classics	1340 Starz HD E*
130 Olympic Channel	317 Discovery Familia	1188 CMT	1837 Classic Masters	1344 Starz Kids & Family HD*
131 FXX	325 Cine Mexicano	1189 Great American Country	1838 Chamber Music	1346 Starz Comedy HD*
132 INSP	331 LaTela Novela	1192 CNN	1839 Broadway	1352 Starz Encore E HD
134 Lifetime		1193 FOX NEWS	1840 Eclectic Electronic	
		1194 FOX BUSINESS	1841 Y2K	

Optional (Event Based Pricing):
 Pay Per View 750
 Pay Per View HD 1750
 Redzone 70

*Highlight indicates additional channels for Premier & HD Choice
 *Highlight indicates additional channels for HD Choice

HBO

400 HBO E
402 HBO 2 E
404 HBO Signature E
406 HBO Family E
408 HBO Comedy E
410 HBO Zone E
412 HBO Latino E
1400 HBO E HD*
1402 HBO 2 E HD*
1408 HBO Comedy E HD*
1412 HBO Latino E HD*



CINEMAX

- 420 MAX E
- 422 MoreMAX E
- 424 5-StarMAX E
- 426 OuterMAX E
- 428 ActionMAX E
- 430 ThrillerMAX E
- 432 WMAX E
- 434 @MAX E
- 1420 MAX E HD*
- 1422 MoreMAX E HD*
- 1428 ActionMax E HD*
- 1430 ThrillerMax E HD*



SHOWTIME

260 Flix E
375 Showtime E
377 SHO 2 E
379 Showtime Showcase E
381 Showtime Family Zone E
383 SHO Women E
385 SHO Extreme E
387 Showtime Beyond
389 Showtime Next
391 The Movie Channel (TMC) E
393 TMC Xtra E
1375 Showtime HD E*
1377 Showtime 2 HD*
1379 Showtime Showcase HD*
1391 The Movie Channel HD E*



STARZ/ENCORE

340 Starz E
342 Starz Cinema E
344 Starz Kids & Family E
346 Starz Comedy E
350 Starz n Black
352 Encore E
354 Encore Drama E
356 Encore Suspense E
358 Encore Family E
360 Encore Action E
364 Encore Westerns
1340 Starz HD E*
1344 Starz Kids & Family HD*
1346 Starz Comedy HD*
1352 Encore E HD



<u>HBO</u>	<u>CINEMAX</u>	<u>SHOWTIME</u>	<u>STARZ/ENCORE</u>
400 HBO E	420 MAX E	260 Flix E	340 Starz E
402 HBO 2 E	422 MoreMAX E	375 Showtime E	342 Starz Cinema E
404 HBO Signature E	424 5-StarMAX E	377 SHO 2 E	344 Starz Kids & Family E
406 HBO Family E	426 OuterMAX E	379 Showtime Showcase E	346 Starz Comedy E
408 HBO Comedy E	428 ActionMAX E	381 Showtime Family Zone E	350 Starz n Black
410 HBO Zone E	430 ThrillerMAX E	383 SHO Women E	352 Encore E
412 HBO Latino E	432 WMAX E	385 SHO Extreme E	354 Encore Drama E
1400 HBO E HD*	434 @MAX E	387 Showtime Beyond	356 Encore Suspense E
1402 HBO 2 E HD*	1420 MAX E HD*	389 Showtime Next	358 Encore Family E
1408 HBO Comedy E HD*	1422 MoreMAX E HD*	391 The Movie Channel (TMC) E	360 Encore Action E
1412 HBO Latino E HD*	1428 ActionMax E HD*	393 TMC Xtra E	364 Encore Westerns
	1430 ThrillerMax E HD*	1375 Showtime HD E*	1340 Starz HD E*
		1377 Showtime 2 HD*	1344 Starz Kids & Family HD*
		1379 Showtime Showcase HD*	1346 Starz Comedy HD*
		1391 The Movie Channel HD E*	1352 Encore E HD





1179 MTV Live

1220 Velocity

*Available with Digital Preferred and Digital Premier, Included in Total HD Choice

1-877-Plateau (752-8328)

Tech Support: 888-638-3872

www.plateautel.com

Effective date: 2018-03-13

Programming subject to change without notice.

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- 301 ESPN Deportes
- 304 CNN en Espanol
- 305 TV Chile
- 306 History en Espanol
- 308 NBC Universo
- 310 Discovery en Espanol
- 317 Discovery Familia
- 325 Cine Mexicano
- 331 LaTele Novela

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69	NFL Network	158	Discovery Fit & Health	1069	NFL Network HD
86	ACC-ESPN	189	Great American Country	1130	Olympic Channel HD
88	BTN	202	CNN International	1143	Hallmark Movie & Mysteries HD
113	Boomerang	203	CNBC World	1153	DIY Network HD
128	Crime & Investigation Network	209	Military History	1156	Cooking Channel HD
130	Olympic Channel	216	Nat Geo WILD	1189	Great American Country HD
136	Lifetime Real Women	219	Destination America	1216	Nat Geo WILD HD
143	Hallmark Movie & Mysteries	221	Outdoor Channel	1219	Destination America HD
153	DIY Network	223	RFD TV	1221	Outdoor Channel HD
156	Cooking Channel	308	NBC Universo		

*Available with Digital Preferred, Included with Digital Premier & Total HD Choice

1-877-Plateau (752-8328)

Tech Support: 888-638-3872

www.plateautel.com

Effective date: 2020-02-21

Programming subject to change without notice.

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