

CHANNEL LINEUP – Digital TV Lite (34+ Channels) \$31/mo

2 Fox	17 ABC	35 TBN	1004 NBC HD
3 PBS	21 CW	36 EWTN	1008 PBS HD
4 NBC	22 PBS Kids	37 My Lubbock TV	1015 CBS HD
5 HSN	23 FNX	42 Plateau Country Weather	1016 MYTV HD
6 MYTV	26 Telemundo	47 C-SPAN	1017 ABC HD
8 PBS	28 Comet	48 C-SPAN2	1021 CW HD
9 PBS	29 GetTV	49 C-SPAN3	1026 Telemundo
12 QVC	32 KAZQ	132 INSP	1034 Fox 34 News Now
15 CBS	33 COZI	1002 Fox HD	1042 Plateau Country Weather HD
16 MYTV	34 Fox 34 News Now	1003 PBS HD	

Optional (Event Based Pricing):

Pay Per View 750

Pay Per View HD 1750

1-877-Plateau (752-8328)

Tech Support: 888-638-3872

www.plateautel.com

Effective date: 2020-03-18 ABQ

Programming subject to change without notice.



CHANNEL LINEUP – Digital Preferred (210+ channels) \$87/mo

2 Fox	131 FXX	1065 SEC-ESPN Network	1264 TCM
3 PBS	132 INSP	1066 Fox Sports 1	1265 AMC
4 NBC	134 Lifetime	1067 Fox Sports 2	1266 FXM
5 HSN	135 Lifetime Movie Network (LMN)	1072 NBCSN	1268 IFC
6 MYTV	139 Oxygen	1074 Golf Channel	1269 Sundance
8 PBS	140 WEtv	1075 Tennis Channel	1300 FX Deportes
9 PBS	141 OWN	1077 Fox Sports Arizona	<u>DIGITAL MUSIC</u>
12 QVC	142 Hallmark	1082 Longhorn Network	1800 Hit List
15 CBS	147 E!	1091 CBS Sports Network	1801 Pop Adult
16 MYTV	151 AWE	1098 Disney	1802 Swinging Standards
17 ABC	152 HGTV	1099 Disney XD	1803 Jukebox Oldies
21 CW	155 Food Network	1101 Nick Jr.	1804 Flashback 70's
22 PBS Kids	161 Comedy Central	1103 Universal Kids	1805 Everything 80's
23 FXN	165 Paramount Network	1107 Cartoon Network (Toons)	1806 Nothin' but 90's
26 Telemundo	167 Bravo	1110 Discovery Family Channel	1807 Maximum Party
28 Comet	170 MTV	1112 Nickelodeon	1808 Groove (Disco & Funk)
29 GetTV	171 MTV2	1115 USA	1809 Dance Clubbin'
32 KAZQ	174 VH1	1116 TBS	1810 Holiday Hits
33 COZI	179 MTV Live	1117 Freeform	1811 Classic Rock
34 Fox 34 News Now	188 CMT	1118 Syfy	1812 Alternative
35 TBN	191 Weather Channel, The	1120 TNT	1813 Rock
36 EWTN	192 CNN	1121 FX	1814 Heavy Metal
37 My Lubbock TV	193 FOX NEWS	1124 TV Land	1815 Alt Rock Classics
42 Plateau Country Weather HD	194 FOX BUSINESS	1126 A&E	1816 The Blues
47 C-SPAN	195 CNBC	1131 FXX	1817 Adult Alternative
48 C-SPAN2	196 OANN	1134 Lifetime	1818 Folk Roots
49 C-SPAN3	197 HLN	1135 LMN	1819 Alt-Country Americana
60 ESPN	199 MSNBC	1139 Oxygen	1820 Hot Country
61 ESPN Classic	205 FYI	1140 WEtv	1821 No Fences
62 ESPNews	206 History	1141 OWN	1822 Country Classics
63 ESPNU	207 Viceland	1142 Hallmark	1823 Bluegrass
64 ESPN2	210 American Heroes Channel	1147 E!	1824 Christian Pop & Rock
65 SEC-ESPN	211 Science	1151 AWE	1825 Gospel
66 Fox Sports 1	212 Investigation Discovery	1152 HGTV	1826 Soul Storm
67 Fox Sports 2	213 TLC	1155 Food Network	1827 Hip-Hop/R&B
72 NBCSN	215 Animal Planet	1161 Comedy Central	1828 Classic R'n'B & Soul
74 Golf Channel	217 National Geographic	1165 Paramount Network	1829 Hip Hop
75 Tennis Channel	218 Discovery Channel	1167 Bravo	1830 Jazz Masters
77 Fox Sports Arizona	240 Travel Channel	1170 MTV	1831 Jazz Now
82 Longhorn Network	264 TCM	1171 MTV2	1832 Smooth Jazz
91 CBS Sports Network	265 AMC-American Movie Classics	1174 VH1	1833 The Chill Lounge
92 Fox College Sports Atlantic	266 FXM	1179 MTV Live	1834 The Spa
93 Fox College Sports Central	268 IFC	1188 CMT	1835 Easy Listening
94 Fox College Sports Pacific	269 Sundance	1192 CNN	1836 Pop Classics
98 Disney Channel, The	300 Fox Deportes	1193 FOX NEWS	1837 Classic Masters
99 Disney XD	<u>DIGITAL HD</u>	1194 FOX BUSINESS	1838 Chamber Music
100 Disney Jr	1002 Fox	1195 CNBC	1839 Broadway
101 Nick Jr.	1003 PBS	1196 OANN	1840 Eclectic Electronic
103 Universal Kids	1004 NBC	1197 HLN	1841 Y2K
107 Cartoon Network (Toons)	1008 PBS	1198 Newsmax	1842 Jammin'
110 Discovery Family Channel	1015 CBS	1199 MSNBC	1843 Éxitos Tropicales
112 Nickelodeon	1016 MYTV	1205 FYI	1844 Éxitos del Momento
115 USA	1017 ABC	1206 History	1845 Retro Latino
116 TBS	1021 CW	1207 Viceland	1846 Ritmos Latinos
117 Freeform	1027 Telemundo	1211 Science	1847 Rock en Español
118 Syfy	1034 Fox 34 News Now	1212 Investigation Discovery	1848 Romance Latino
120 TNT	1042 Plateau Country Weather	1213 TLC	1849 Kids' Stuff
121 FX	1060 ESPN	1215 Animal Planet	
124 TV Land	1062 ESPNews	1217 National Geographic	
126 A&E	1063 ESPNU	1218 Discovery	
127 truTV	1064 ESPN2	1240 Travel	

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Effective date: 2021-01-11 ABQ

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Plateau is an equal opportunity provider and employer



Optional (Event Based Pricing):

Pay Per View 750

Pay Per View HD 1750

Redzone 70

CHANNEL LINEUP – Digital Premier (240+ channels) \$93/month

2 Fox	134 Lifetime	1034 Fox 34 News Now	1211 Science
3 PBS	135 Lifetime Movie Network (LMN)	1042 Plateau Country Weather	1212 Investigation Discovery
4 NBC	136 Lifetime Real Women	1060 ESPN	1213 TLC
5 HSN	139 Oxygen	1062 ESPNes	1215 Animal Planet
6 MYTV	140 WEtv	1063 ESPNU	1216 Nat Geo WILD HD
8 PBS	141 OWN	1064 ESPN2	1217 National Geographic
9 PBS	142 Hallmark	1065 SEC-ESPN Network	1218 Discovery
12 QVC	143 Hallmark Movie Channel	1066 Fox Sports 1	1219 Destination America HD
15 CBS	144 Hallmark Drama	1067 Fox Sports 2	1221 Outdoor Channel HD
16 MYTV	147 E!	1069 NFL Network	1240 Travel
17 ABC	151 AWE	1072 NBC Sports Network	1264 TCM
21 CW	152 HGTV	1075 Tennis Channel	1265 AMC
22 PBS Kids	153 DIY Network	1074 Golf Channel HD	1266 FXM
23 FNX	155 Food Network	1077 Fox Sports Arizona	1268 IFC
26 Telemundo	156 Cooking Channel	1082 Longhorn Network	1269 Sundance
28 Comet	158 Discovery Life	1086 ACC-ESPN	1300 FX Deportes
29 GetTV	161 Comedy Central	1089 Big Ten Network	<u>DIGITAL MUSIC</u>
32 KAZQ	165 Paramount Network	1091 CBS Sports Network	1800 Hit List
33 COZI	167 Bravo	1098 Disney	1801 Pop Adult
34 Fox 34 News Now	170 MTV	1099 Disney XD	1802 Swinging Standards
35 TBN	171 MTV2	1101 Nick Jr.	1803 Jukebox Oldies
36 EWTN	174 VH1	1103 Universal Kids	1804 Flashback 70's
37 My Lubbock TV	179 MTV Live	1107 Cartoon Network (Toons)	1805 Everything 80's
47 C-SPAN	188 CMT	1110 The Hub	1806 Nothin' but 90's
48 C-SPAN2	189 Great American Country	1115 USA	1807 Maximum Party
49 C-SPAN3	191 Weather Channel, The	1116 TBS	1808 Groove (Disco & Funk)
60 ESPN	192 CNN	1117 ABC Family	1809 Dance Clubbin'
61 ESPN Classic	193 FOX NEWS	1118 Syfy	1810 Holiday Hits
62 ESPNes	194 FOX BUSINESS	1120 TNT	1811 Classic Rock
63 ESPNU	195 CNBC	1121 FX	1812 Alternative
64 ESPN2	196 OANN	1124 TV Land	1813 Rock
65 SEC-ESPN	197 CNN Headline News	1126 A&E	1814 Heavy Metal
66 Fox Sports 1	199 MSNBC	1130 Olympic Channel	1815 Alt Rock Classics
67 Fox Sports 2	202 CNN International	1131 FXX	1816 The Blues
69 NFL Network	203 CNBC World	1134 Lifetime	1817 Adult Alternative
72 NBC Sports Network	205 FYI	1135 LMN	1818 Folk Roots
74 Golf Channel	206 History	1139 Oxygen	1819 Alt-Country Americana
75 Tennis Channel	207 Viceland	1140 WEtv	1820 Hot Country
77 Fox Sports Arizona	209 Military History	1141 OWN	1821 No Fences
82 Longhorn Network	210 American Heroes Channel	1142 Hallmark	1822 Country Classics
86 ACC-ESPN	211 Science	1143 Hallmark Movie Channel	1823 Bluegrass
89 Big Ten Network	212 Investigation Discovery	1144 Hallmark Drama	1824 Christian Pop & Rock
91 CBS Sports Network	213 TLC	1147 E!	1825 Gospel
92 Fox College Sports Atlantic	215 Animal Planet	1151 AWE	1826 Soul Storm
93 Fox College Sports Central	216 Nat Geo WILD	1152 HGTV	1827 Hip-Hop/R&B
94 Fox College Sports Pacific	217 National Geographic	1153 DIY Network	1828 Classic R'n'B Soul & Soul
98 Disney Channel, The	218 Discovery Channel	1155 Food Network	1829 Hip Hop
99 Disney XD	219 Destination America	1156 Cooking Channel	1830 Jazz Masters
100 Disney Jr	221 Outdoor Channel	1161 Comedy Central	1831 Jazz Now
101 Nick Jr.	223 RFD TV	1165 Paramount Network	1832 Smooth Jazz
103 Universal Kids	240 Travel Channel	1167 Bravo	1833 The Chill Lounge
107 Cartoon Network (Toons)	264 TCM	1170 MTV	1834 The Spa
110 The Hub	265 AMC-American Movie Classics	1171 MTV2	1835 Easy Listening
112 Nickelodeon	266 FXM	1174 VH1	1836 Pop Classics
113 Boomerang	268 IFC	1179 MTV Live	1837 Classic Masters
115 USA	269 Sundance	1188 CMT	1838 Chamber Music
116 TBS	300 Fox Deportes	1189 Great American Country	1839 Broadway
117 ABC Family	308 Universo	1192 CNN	1840 Eclectic Electric
118 Syfy	<u>DIGITAL HD</u>	1193 FOX NEWS	1841 Y2K
120 TNT	1002 Fox	1194 FOX BUSINESS	1842 Jammin'
121 FX	1003 PBS	1195 CNBC	1843 Éxitos Tropicales
124 TV Land	1004 NBC	1196 OANN	1844 Éxitos del Momento
126 A&E	1008 PBS	1197 HLN	1845 Retro Latino
127 truTV	1015 CBS	1198 Newsmax	1846 Ritmos Latinos
128 Crime & Investigation Network	1016 MYTV	1199 MSNBC	1847 Rock en Español
130 Olympic Channel	1017 ABC	1205 FYI	1848 Romance Latino
131 FXX	1021 CW	1206 History	1849 Kids' Stuff
132 INSP	1027 Telmundo	1207 Viceland	

Optional (Event Based Pricing):
 Pay Per View 750
 Pay Per View HD 1750
 Redzone 70

CHANNEL LINEUP – Total HD Choice (300+ channels) \$147/MO

2 Fox	135 Lifetime Movie Network	1004 NBC	1196 OANN	1843 Éxitos Tropicales
3 PBS	136 Lifetime Real Women	1008 PBS	1197 HLN	1844 Éxitos del Momento
4 NBC	139 Oxygen	1015 CBS	1198 Newsmax	1845 Retro Latino
5 HSN	140 WETv	1016 MYTV	1199 MSNBC	1846 Ritmos Latinos
6 MYTV	141 OWN	1017 ABC	1205 FYI	1847 Rock en Español
8 PBS	142 Hallmark	1021 CW	1206 History	1848 Romance Latino
9 PBS	143 Hallmark Movies & Mysteries	1026 Telemundo	1207 Viceland	1849 Kids' Stuff
12 QVC	144 Hallmark Drama	1034 Fox 34 News Now	1211 Science	PREMIUM CHANNELS
15 CBS	147 E!	1042 Plateau Country Weather	1212 Investigation Discovery	HBO
16 MYTV	151 AWE	1060 ESPN	1213 TLC	400 HBO E
17 ABC	152 HGTV	1062 ESPNNews	1215 Animal Planet	402 HBO 2 E
21 CW	153 DIY Network	1063 ESPNU	1216 Nat Geo WILD HD	404 HBO Signature E
22 PBS Kids	155 Food Network	1064 ESPN2	1217 National Geographic	406 HBO Family E
23 FNX	156 Cooking Channel	1065 SEC-ESPN Network	1218 Discovery	408 HBO Comedy E
26 Telemundo	158 Discovery Life	1066 Fox Sports 1	1219 Destination America HD	410 HBO Zone E
28 Comet	161 Comedy Central	1067 Fox Sports 2	1220 Motortrend	412 HBO Latino E
29 GetTV	165 Paramount Network	1069 NFL Network	1221 Outdoor Channel HD	1400 HBO E HD*
32 KAZQ	167 Bravo	1072 NBCSN	1240 Travel	1402 HBO 2 E HD*
33 COZI	170 MTV	1074 Golf Channel HD	1264 TCM	1408 HBO Comedy E HD*
34 Fox 34 News Now	171 MTV2	1077 Fox Sports Arizona	1265 AMC	1412 HBO Latino E HD*
35 TBN	174 VH1	1082 Longhorn Network	1266 FXM	CINEMAX
36 EWTN	179 MTV Live	1086 ACC-ESPN	1268 IFC	420 MAX E
37 My Lubbock TV	188 CMT	1089 BTN	1269 Sundance	422 MoreMAX E
42 Plateau Country Weather	189 Great American Country	1091 CBS Sports Network	1300 FX Deportes	424 5-StarMAX E
47 C-SPAN	191 Weather Channel, The	1098 Disney	DIGITAL MUSIC	426 OuterMAX E
48 C-SPAN2	192 CNN	1099 Disney XD	1800 Hit List	428 ActionMAX E
49 C-SPAN3	193 FOX NEWS	1101 Nick Jr.	1801 Pop Adult	430 ThrillerMAX E
60 ESPN	194 FOX BUSINESS	1103 Universal Kids	1802 Swinging Standards	432 MovieMAX E
61 ESPN Classic	195 CNBC	1107 Cartoon Network (Toons)	1803 Jukebox Oldies	434 Cinemàx E
62 ESPNNews	196 OANN	1110 Discovery Family Channel	1804 Flashback 70's	1420 MAX E HD*
63 ESPNU	197 HLN	1112 Nickelodeon	1805 Everything 80's	1422 MoreMAX E HD*
64 ESPN2	199 MSNBC	1115 USA	1806 Nothin' but 90's	1428 ActionMax E HD*
65 SEC-ESPN	202 CNN International	1116 TBS	1807 Maximum Party	1430 ThrillerMax E HD*
66 Fox Sports 1	203 CNBC World	1117 Freeform	1808 Groove (Disco & Funk)	SHOWTIME
67 Fox Sports 2	205 FYI	1118 Syfy	1809 Dance Clubbin'	260 Flix E
69 NFL Network	206 History	1120 TNT	1810 Holiday Hits	375 Showtime E
72 NBCSN	207 Viceland	1121 FX	1811 Classic Rock	377 SHO 2 E
74 Golf Channel	209 Military History	1124 TV Land	1812 Alternative	379 Showtime Showcase E
77 Fox Sports Arizona	210 American Heroes Channel	1126 A&E	1813 Rock	381 Showtime Family Zone E
82 Longhorn Network	211 Science	1130 Olympic Channel	1814 Heavy Metal	383 SHO Women E
86 ACC-ESPN	212 Investigation Discovery	1131 FXX HD	1815 Alt Rock Classics	385 SHO Extreme E
89 BTN	213 TLC	1134 Lifetime	1816 The Blues	387 Showtime Beyond
91 CBS Sports Network	215 Animal Planet	1135 LMN	1817 Adult Alternative	389 Showtime Next
92 Fox College Sports Atlantic	216 Nat Geo WILD	1139 Oxygen	1818 Folk Roots	391 The Movie Channel (TMC) E
93 Fox College Sports Central	217 National Geographic	1140 WETv	1819 Alt-Country Americana	393 TMC Xtra E
94 Fox College Sports Pacific	218 Discovery Channel	1141 OWN	1820 Hot Country	1375 Showtime HD E*
98 Disney Channel, The	219 Destination America	1142 Hallmark	1821 No Fences	1377 Showtime 2 HD*
99 Disney XD	221 Outdoor Channel	1143 Hallmark Movies & Mysteries	1822 Country Classics	1379 Showtime Showcase HD*
100 Disney Jr	223 RFD TV	1144 Hallmark Drama	1823 Bluegrass	1391 The Movie Channel HD E*
101 Nick Jr.	224 Cowboy Channel	1147 E!	1824 Christian Pop & Rock	STARZ/ENCORE
103 Universal Kids	240 Travel Channel	1151 AWE	1825 Gospel	340 Starz E
107 Cartoon Network (Toons)	264 TCM	1152 HGTV	1826 Soul Storm	342 Starz Cinema E
110 Discovery Family Channel	265 AMC-American Movie Classic	1153 DIY Network	1827 Hip-Hop/R&B	344 Starz Kids & Family E
112 Nickelodeon	266 FXM	1155 Food Network	1828 Classic R'n'B & Soul	346 Starz Comedy E
113 Boomerang	268 IFC	1156 Cooking Channel	1829 Hip Hop	350 Starz n Black
115 USA	269 Sundance	1161 Comedy Central	1830 Jazz Masters	352 Starz Encore E
116 TBS	300 Fox Deportes	1165 Paramount Network	1831 Jazz Now	354 Starz Encore Black E
117 Freeform	301 ESPN Deportes	1167 Bravo	1832 Smooth Jazz	356 Starz Encore Suspense E
118 Syfy	304 CNN en Espanol	1170 MTV	1833 The Chill Lounge	358 Starz Encore Family E
120 TNT	305 TV Chile	1171 MTV2	1834 The Spa	360 Starz Encore Action E
121 FX	306 History en Espanol	1174 VH1	1835 Easy Listening	364 Starz Encore Westerns
124 TV Land	308 NBC Universo	1179 MTV Live	1836 Pop Classics	1340 Starz HD E*
126 A&E	310 Discovery en Espanol	1188 CMT	1837 Classic Masters	1344 Starz Kids & Family HD*
127 truTV	317 Discovery Familia	1189 Great American Country	1838 Chamber Music	1346 Starz Comedy HD*
128 Crime & Investigation Ntwk	321 Cine Mexicano	1192 CNN	1839 Broadway	1352 Starz Encore E HD
130 Olympic Channel	335 LaTela Novela	1193 FOX NEWS	1840 Eclectic Electronic	Optional (Event Based Pricing):
131 FXX	DIGITAL HD	1194 FOX BUSINESS	1841 Y2K	Pay Per View 750
132 INSP	1002 Fox	1195 CNBC	1842 Jammin'	Pay Per View HD 1750
134 Lifetime (LMN)	1003 PBS			Redzone 70

HBO

- 400 HBO E
- 402 HBO 2 E
- 404 HBO Signature E
- 406 HBO Family E
- 408 HBO Comedy E
- 410 HBO Zone E
- 412 HBO Latino E
- 1400 HBO E HD*
- 1402 HBO 2 E HD*
- 1408 HBO Comedy E HD*
- 1412 HBO Latino E HD*



CINEMAX

- 420 MAX E
- 422 MoreMAX E
- 424 5-StarMAX E
- 426 OuterMAX E
- 428 ActionMAX E
- 430 ThrillerMAX E
- 432 WMAX E
- 434 @MAX E
- 1420 MAX E HD*
- 1422 MoreMAX E HD*
- 1428 ActionMax E HD*
- 1430 ThrillerMax E HD*



SHOWTIME

260 Flix E
375 Showtime E
377 SHO 2 E
379 Showtime Showcase E
381 Showtime Family Zone E
383 SHO Women E
385 SHO Extreme E
387 Showtime Beyond
389 Showtime Next
391 The Movie Channel (TMC) E
393 TMC Xtra E
1375 Showtime HD E*
1377 Showtime 2 HD*
1379 Showtime Showcase HD*
1391 The Movie Channel HD E*



STARZ/ENCORE

340 Starz E
342 Starz Cinema E
344 Starz Kids & Family E
346 Starz Comedy E
350 Starz n Black
352 Encore E
354 Encore Drama E
356 Encore Suspense E
358 Encore Family E
360 Encore Action E
364 Encore Westerns
1340 Starz HD E*
1344 Starz Kids & Family HD*
1346 Starz Comedy HD*
1352 Encore E HD



<u>HBO</u>	<u>CINEMAX</u>	<u>SHOWTIME</u>	<u>STARZ/ENCORE</u>
400 HBO E	420 MAX E	260 Flix E	340 Starz E
402 HBO 2 E	422 MoreMAX E	375 Showtime E	342 Starz Cinema E
404 HBO Signature E	424 5-StarMAX E	377 SHO 2 E	344 Starz Kids & Family E
406 HBO Family E	426 OuterMAX E	379 Showtime Showcase E	346 Starz Comedy E
408 HBO Comedy E	428 ActionMAX E	381 Showtime Family Zone E	350 Starz n Black
410 HBO Zone E	430 ThrillerMAX E	383 SHO Women E	352 Encore E
412 HBO Latino E	432 WMAX E	385 SHO Extreme E	354 Encore Drama E
1400 HBO E HD*	434 @MAX E	387 Showtime Beyond	356 Encore Suspense E
1402 HBO 2 E HD*	1420 MAX E HD*	389 Showtime Next	358 Encore Family E
1408 HBO Comedy E HD*	1422 MoreMAX E HD*	391 The Movie Channel (TMC) E	360 Encore Action E
1412 HBO Latino E HD*	1428 ActionMax E HD*	393 TMC Xtra E	364 Encore Westerns
	1430 ThrillerMax E HD*	1375 Showtime HD E*	1340 Starz HD E*
		1377 Showtime 2 HD*	1344 Starz Kids & Family HD*
		1379 Showtime Showcase HD*	1346 Starz Comedy HD*
		1391 The Movie Channel HD E*	1352 Encore E HD





1179 MTV Live

1220 Velocity

*Available with Digital Preferred and Digital Premier, Included in Total HD Choice

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Effective date: 2018-03-13

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Plateau is an equal opportunity provider and employer





- 301 ESPN Deportes
- 304 CNN en Espanol
- 305 TV Chile
- 306 History en Espanol
- 308 NBC Universo
- 310 Discovery en Espanol
- 317 Discovery Familia
- 325 Cine Mexicano
- 331 LaTele Novela

*Available with Digital Preferred and Digital Premier, Included in Total HD Choice

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69	NFL Network	158	Discovery Fit & Health	1069	NFL Network HD
86	ACC-ESPN	189	Great American Country	1130	Olympic Channel HD
89	BTN	202	CNN International	1143	Hallmark Movie & Mysteries HD
113	Boomerang	203	CNBC World	1153	DIY Network HD
128	Crime & Investigation Network	209	Military History	1156	Cooking Channel HD
130	Olympic Channel	216	Nat Geo WILD	1189	Great American Country HD
136	Lifetime Real Women	219	Destination America	1216	Nat Geo WILD HD
143	Hallmark Movie & Mysteries	221	Outdoor Channel	1219	Destination America HD
153	DIY Network	223	RFD TV	1221	Outdoor Channel HD
156	Cooking Channel	308	NBC Universo		

*Available with Digital Preferred, Included with Digital Premier & Total HD Choice

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